



## Programs Available at the Youth Center by BGCA

**Character & Leadership:** Helping youth become responsible, caring citizens and acquire skills for participating in the democratic process is the main thrust of these programs. They also develop leadership skills and provide opportunities for planning, decision-making, contributing to Club and community and celebrating our national heritage.



Keystoning is the Boys & Girls Club Movement's ultimate teen program. This unique leadership development experience provides opportunities for young people ages 14 to 18.



## Youth of the Year

Established in 1947, Youth of the Year is BGCA's premier recognition program for Club members, promoting service to Club, community and family; academic success; strong moral character; life goals; and poise and public speaking ability.

**Education & Career:** BGCA has implemented the programmatic strategy Every Member, Every Year, designed so that all Clubs, no matter their size or resources, can partner with youth, parents, schools and other community stakeholders to implement at least one of three approaches: academic enrichment and school engagement; targeted dropout prevention; and intensive intervention and case management. Our aim is to ensure that all Club members graduate from high school on time, ready for a post-secondary education and a 21st-century career.



## Power Hour: Making Minutes Count

Power Hour: Making Minutes Count provides Club professionals with the strategies, activities, resources and information to create an engaging homework help and tutoring program that encourages Club members at every age to become self-directed learners.

**Health & Life Skills:** These initiatives develop young people's capacity to engage in positive behaviors that nurture their own well-being, set personal goals and live successfully as self-sufficient adults.



## SMART Girls

An outgrowth of the popular and effective SMART Moves program, SMART Girls is a health, fitness, prevention/education and self-esteem enhancement program for girls ages 8 to 17.

**Sports, Fitness and Recreation:** These Club programs help develop fitness, a positive use of leisure time, reduction of stress, appreciation for the environment and social and interpersonal skills.



## Triple Play: A Game Plan for Mind, Body and Soul

Triple Play, a comprehensive health and wellness program, strives to improve the overall health of Club member's ages 6-18 by increasing their daily physical activity, teaching them good nutrition and helping them develop healthy relationships.

## **The Arts:**

**Arts & Crafts Projects:** Our Arts and Crafts program will focus on a wide variety of themed ideas. Our goal with this program is to stimulate the creative minds of our members.

## **Youth & Teens Center (The Club)**

**The Youth and Teens Center** will provide a safe, fun, positive and age appropriate environment; where pre-teens and teens will be encouraged to become leaders and role models in their communities. Through our educational and life enhancing programs members will take on greater responsibilities and organizational tasks to enhance the quality of their character and integrity. We have our NEW and equipped facilities in the 107 and 109 NE Rd, next to Chaplain's Office and Library.

